

SPA (Jacuzzi & Sauna) SGE Hot Stone Spa (岩盤浴) & Hot Stone Yoga

■ Jacuzzi & Sauna \$30

■ Hot Stone spa 60 minutes \$40 Including Jacuzzi & Sauna

High-level far-infrared radiator and negative ion effect from SGE ores promote perspiration, enabling the body to detoxify itself for a refreshed, exhilarated feeling.

■ Hot Stone Yoga / Pilates

60 minutes \$45 (1st Time Trial) \$25

Popular menu combination of Yoga and SGE Hot Stone spa Provide Yoga mat, bath towel, face towel, bath robe, water bottle.

Massage & Aroma Therapy Treatments (Including Jacuzzi, Sauna & Spa Amenities)

■ Swedish Massage

50 minutes \$98 60 minutes \$108 90 minutes \$138

This massage uses oil and smooth, gliding strokes to ease stiffness and strains on the muscles, promoting a feeling of relaxation.

■ Deep Tissue Massage

50 minutes \$98 60 minutes \$108 90 minutes \$138

This massage uses a lubricating oil and reaches important parts of the nervous system and muscles to alleviate tension.

■ Japanese Shiatsu Massage

50 minutes \$98 60 minutes \$108 90 minutes \$138

Customers remain clothed, while this massage restores balance to the body and slowly relieves fatigue.

■ Deep Tissue & Shiatsu Combination

50 minutes \$98 60 minutes \$108 90 minutes \$138

A Combination of popular deep tissue and Shiatsu massage. A unique massage menu available only at spaRelaxen.

■ Natural Aroma Treatments

60 minutes \$128 90 minutes \$158

(10 minute consultation before the treatment)

From a collection of twenty essential oils and six carrier oils, the therapist customizes the aroma oil blend to match your current physical condition after consultation.

■ "Spa Membership"

Please inquire about our various discount privileges.

"SPA Gift Card"
Available



Upto 120 minutes, you can customize massage minutes by \$10 per 10 minutes. Please advice in advance.

■ Face Lymph Massage

50 minutes \$98 60 minutes \$108 90 minutes \$138

(a full body massage for 90 minute option)

This special type of a massage helps discharge excretion that is deposited between bones in your body. It may help reduce the aging-related hollow of eyes, stress on your eyes, shoulder stiffness, and migraines. Because the massage improves circulation and detoxifications, you feel your body warmer and your face-line tightened, and it also promotes mental clarity.

(If you choose a 90 minute, it extends to a full body massage.)

■ Reiki

50 minutes \$98 60 minutes \$108 90 minutes \$138

The Reiki massage method, called Reiki, passed down through the ages in Japan, gives a feeling of deep, comfortable relaxation to your body and soul through the therapist's hands. The massage also restores balance to the energy of your inner body.

■ Facial

50 minutes \$108 80 minutes \$138

All facial treatments are done by hands warmed by using jojoba oil, other essential oils and rose water etc. The customer's head and uncovered upper body are treated. You will feel the effects of being wrapped in a wonderful relaxing aroma.

■ Couple Massage *1

\$200 (\$100 per person)

♣ 60minutes Massage + 60minutes Hot stone spa

\$240 (\$120 per person)

♣ 90minutes Massage + 60minutes Hot stone spa

Couple Massage is a popular treatment. Two people are massaged in the same room, at the same time, by two different therapists. It can be used for two or more people. This is great for a gift.

*1 Any discounts including hotel guest's discounted rates cannot be combined with these offers.

Advanced Tickets*1

■ Hot Stone Yoga / Pilates Tickets

5 tickets - \$190 10 tickets - \$350 20 tickets - \$600

■ Hot Stone Spa Tickets

10 tickets - \$350 20 tickets - \$600 30 tickets - \$750

Spa Lunch Special*1

■ Detox + Lunch \$52

Enjoy 60 minutes of our signature SGE Hot Stone Spa and lunch at Ise Shima Restaurant. (Tax Included)

■ Massage + Lunch \$110

Take 50 minutes of relaxing massage (Deep Tissue, Swedish or Shiatsu) and lunch at Ise Shima Restaurant. (Tax Included)

■ Luxury + Lunch \$116

Have a full Relaxen treatment. This package comes with 50 minute relaxing massage (Deep Tissue, Swedish or Shiatsu), 1 hour of SGE Hot Stone Spa, and lunch at Ise Shima Restaurant. (Tax Included)

Note for Aroma / Face Lymph Treatment

Please remove your make-ups before the treatment.

It is recommended to take shower & SGE Hot Stone Spa before the treatment.

You cannot take SGE Hot Stone Spa after the treatment due to the oil applied on your face.

After the treatment, avoid shower or any activities which stimulate your body to sweat because aroma oil needs to be absorbed into the skin after the treatment.

Hot Stone Yoga / Pilates

All the classes are by advanced reservation only.

24 hour cancellation policy applies (Full charge or a Yoga ticket)

Please arrive at the spa at least 10 minutes before the class time.

Trial price applies only one time on either yoga or pilates class.

Spa Policy

A credit card number is required to book your appointment secured.

No refund on same day cancellations unless of emergency. No additional charges for the first change of your reservation. (50% charge will apply for further session changes.) There will be no charge if the instructor cancels the class session.

Once we scheduled an appointment, we expect you to come to the reservation. If you request a cancellation less than twenty-four hours prior to your scheduled appointment, we will charge in full weather you show up or not. No show or skipped appointments will be charged on the provided credit card in full.

We reserve the right to refuse our service to anyone.

Our spa is designed to serve our customers to be relaxed and refreshed mentally and physically. If any reasons, you disturb, interrupt, damage, or discomfort other customers and our business operation, we reserve the right to refuse you and we will ask you to leave in our judgement.